



# M4A

Throughout the 2020 election cycle and most iconically at the 2020 inauguration of Joe Biden, Bernie Sanders wore some gorgeous mittens made from recycled sweaters by a Vermont school-teacher named Jen Ellis. This pattern emulates the color work present in those mittens for a quick knit that is guaranteed to keep your hands warm no matter how over it you are.

Please share your action shots and finished mittens with the hashtag #M4AMittens

*Designed by Tommy Schafer  
insta: @edible\_chrome on twitter:  
@portmantoast*

*Questions or issues with the pattern can be  
directed to @tschafer47 on Ravelry or  
[tschafer47@gmail.com](mailto:tschafer47@gmail.com)*

**This pattern is FREE** and should not be sold, feel free to give copies to your friends! If you liked this pattern and would like to support my work and vision of a future with more **pay-if-you-like-it patterns**, contributions can be sent to one of the following:

**Venmo:** @ToastedBrioche

**Paypal:** [tschafer47@gmail.com](mailto:tschafer47@gmail.com)

**CashApp:** \$ToastedBrioche

*Or feel free to contact me about other options  
[www.tommyplayswithfiber.com](http://www.tommyplayswithfiber.com)*

*Sizes*

1(2), small(large)

*Dimensions*

Cuff Length: 2"(2")

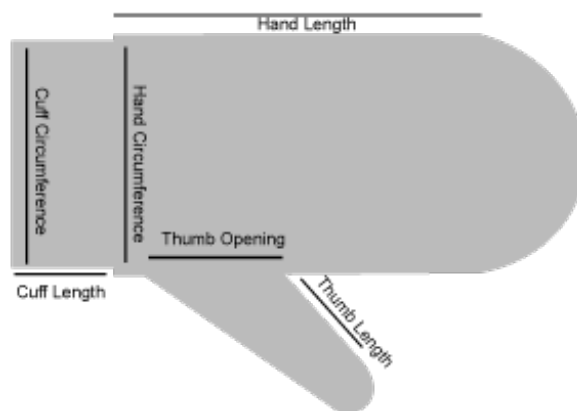
Cuff Circumference: 7"(8")

Hand Circumference: 7.5"(9")

Hand Length: 7" (8.5")

Thumb Length: 2"(2.5")

Thumb Opening: 3"(3")

*Materials**Suggested Needles*

1 set of 4 or 5 US #9 (5.5 mm) DPNs for color work

1 set of 4 or 5 US #7 (4.5 mm) DPNs for wrist ribbing

(Or needles to obtain desired gauge, I am a medium tension knitter)

*Notions*

1 stitch marker, for beginning of round

1 tapestry needle for finishing

1 length of waste yarn to hold thumb stitches

*Gauge*

18 stitches and 22 rnds in 4 inches, stranded color work in the round using US #9 needles

*Yarn*

Worsted to aran weight yarn, see yardage for each color

I would recommend your yarn be in the 185-210 yds/100g skein range or yarn weights

*Yardage (small size uses less)*

MC (Brown): 180 yds

CC1 (White): 35 yds

CC2 (Tan): 25 yds

CC3: (Black): 15 yds

*Abbreviations*

K: Knit

P: Purl

Sl: Slip

St(s): Stitch(es)

K2tog: Knit 2 together

M1: Make 1 stitch in the horizontal yarn between needles, by lifting the yarn onto your left needle from front to back, and knitting into the back of the stitch, or work a 1 -> 2 stitch increase in your preferred method



BOR: beginning of round  
 Rnd: Round (equivalent to row but in circular knitting)  
 CO: Cast-On  
 BO: Bind-Off  
 MC: Main Color  
 CC(x): Contrast Color(s)

### *Techniques, Special Stitches*

**2-handed Stranded Color Work in the Round:** Brooklyn Tweed has a great tutorial on this here: <https://brooklyntweed.com/pages/stranded-colorwork-101>

I highly recommend holding the MC in the right hand and the CC in the left hand and when floats are more than 4 sts wide, holding the CC in between the needles and the wrap of the MC to hold the float on the WS of the work.

### *Instructions*

Using MC and size 7 needles, CO 28(36) stitches. Connect in the round, being careful not to twist, and place BOR marker.

1x1 Rib: K1, P1 across rnd

Work 2 inches (12 rnds) of 1x1 Rib pattern in MC

Switch to size 9 needles, Knit 1 rnd in MC

### *Increase Round*

Size 1: \*K3, M1, K4, M1\* repeat from \* to \* across rnd (36 sts)

Size 2: \*K4, M1, K5, M1\* repeat from \* to \* across rnd (44 sts)

### *Size 2 only*

K 4 rnds in MC

### *Both Sizes*

*Begin Chart 1 at bottom right corner of rnd 1 and work from right to left.*

Work across first 12 rnds, repeating chart 9(11) times.

### *For Left Mitten*

Using your waste yarn and a tapestry needle, slip the first 8 stitches of the rnd onto waste yarn to hold stitches. Using CC3 CO 4 stitches in your preferred method to reconnect in the round. Place BOR marker, Continue knitting across rnd in CC3 to BOR. 32(40) stitches

### *For Right Mitten*

Using your waste yarn and a tapestry needle, slip the last 8 stitches of the rnd onto waste yarn to hold stitches. Place BOR marker. Using CC3 CO 4 stitches in your preferred method to reconnect in the round. Continue knitting in CC3 across rnd to BOR marker. 32(40) stitches

*Both Mittens*

Continue working across each rnd following Chart 1. from rnd 14, repeating chart 8(10) times across rnd.

**For Size 1 Only: Skip rnds 15-16 and 22-23**

Work chart all the way through Rnd 42

With your remaining 8(10) stitches, you can either:

1. Pull a 12" length of MC through all stitches using your tapestry needle, then pull the stitches tight
2. Arrange your first 4(5) stitches on one DPN and the last 4(5) stitches onto another and Kitchener or graft your stitches together.

*Thumbs**Both Mittens*

Place 8 stitches held on waste yarn evenly onto two DPNs and remove waste yarn.

*Left Mitten*

Using CC1, Knit across these 8 stitches, pickup 4 stitches from Mitten Body CO edge. Place BOR marker.

*Right Mitten (To even out missing CC3 rnd when stitches were held)*

Using CC3, Knit across these 8 stitches, pickup 4 stitches from Mitten Body CO edge. Place BOR marker. Knit 1 rnd in CC1.

*Both Mittens*

Knit (11)13 rnds in CC1.

Last rnd: K2tog across rnd.

Break CC1 leaving an 8 inch tail, thread through remaining stitches using your tapestry needle and pull tight.

*Finishing*

Break MC and all CCs, leaving 8" tails.

Using a tapestry needle, secure the joining of the rnd on the CO and BO edges. Weave in all ends.

Using ends nearest where the thumb connects to the body of the mitten, stitch any loose openings closed.

Wet block to measurements and let dry fully before wearing.

*Charts**Chart 1.*

Note: the two slipped stitches in rnds 28 and 30 are not white (CC1) they are the color of the stitch in the previous row.

