

Ruby Throated Cowl

*A charted slip stitch and cable cowl
by Tommy Schaefer*



In Collaboration with Knit 1 Chicago and inspired by the flitting, flashy colored hummingbirds that love to swarm my grandmother's porch, the Ruby-throated cowl will bring the warmth of summer to your neck all winter long. A charted slip stitch and cable-knit design, you'll hold only one color for each row alternating which stitch is prominent in the main pattern while opposite the gem design. This is an engaging knit, the best part is, with 2 skeins of Knit 1 DK, you'll be able to make 2 in the reverse colors!

Please share your action shots and finished cowls with the hashtag #RubyThroatedCowl

SIZES

1(2,3) [small (medium, large)]

DIMENSIONS

20 (23, 26) in. Circumference of the cowl. (measure around the back of your neck across the tip of your nose to ensure it will fit over your face)

8.75 in. from bottom edge to top edge

MATERIALS

Suggested Needles;

1 US #5 (3.5mm) circular 16"-24" (Or needles to obtain desired gauge, I am a medium tension knitter)

1 Cable needle, US #5 or smaller

NOTIONS

3 unique color stitch markers, 1 for beginning of round, 2 to mark ends of chart

1 Tapestry needle

GAUGE

26 stitches and 38 rows per 4" x 4" square in slipped-stitch pattern, blocked

(If you like to, I suggest swatching a series of the Main Stitch Pattern in the round, and aggressively blocking it.)

YARN

1 skein Knit1, DK No. 4 (Green/Black) (MC) 100% Superwash British Blue Faced Leicester Wool (245yds/100g)

1 skein Knit1, DK No. 12 (Red) (CC) 100% Superwash British Blue Faced Leicester Wool (245yds/100g)

NOTE

Sample Shown in size Medium and Main Color (MC): Knit1 Color No. 4 (Green/Black) and Contrast Color (CC): Knit1 Color No. 12 (Red). Sample shown in size Large and MC Knit1 Color No. 2 (Blue) and CC Knit1 Color No. 11 (Yellow).

YARDAGE

Total: 195 (220, 250) yds

MC: 110 (125, 140) yds

CC: 85 (95, 110) yds

ABBREVIATIONS

K: Knit

P: Purl

Sl: Slip

St(s): Stitch(es)

K2tog: Knit 2 together

P2tog: Purl 2 together

K3tog: Knit 3 together, insert needle through 3 stitches as if to knit, and knit 1 stitch through all 3

P3tog: Purl 3 together, insert needle through 3 stitches as if to purl, and purl 1 stitch through all 3

KYoK: Knit into stitch, Yo, Knit into same stitch and pull 3 sts off needle.

Pwise: Purl-wise, as if to purl

Kwise: Knit-wise, as if to knit

Wyib: with yarn in back, yarn held on backside of work

Wyif: with yarn in front, yarn held on the frontside of work

Yo: Yarn over

BOR: beginning of round

Rnd: Round (equivalent to row but in circular knitting)

CO: Cast-On

BO: Bind-Off

MC: Main Color

CC: Contrast Color



CHART SYMBOL EXPLANATIONS

P in CC: purl in contrast color

P in MC: purl in main color

K in CC: knit in contrast color

K in MC: knit in main color

Sl1wyib MC: slip 1 main color stitch with yarn in back

Sl1wyib CC: slip 1 contrast color stitch with yarn in back

Kfb: Knit into front and back of stitch (1 st increased)

KPK in CC: Knit, Purl, Knit into the same stitch. (2 sts increased)

K2tog: Knit 2 sts together (1 st decreased)

K3tog: Knit 3 sts together (2 sts decreased)

P2tog: Purl 2 sts together (1 st decreased)

1/1 LC (CC): slip 1 stitch onto cable needle, hold in front, K1, K1 from cable needle (only worked once)

1/1 RC (CC): slip 1 stitch onto cable needle, hold in back, K1, K1 from cable needle (only worked once)

1/1 RPC (CC): slip 1 sts onto cable needle, hold in back, K1, P1 from cable needle

1/1 LPC (CC): slip 1 st onto cable needle, hold in front, P1, K1 from cable needle

1/2 RPC (CC): slip 2 sts onto cable needle, hold in back, K1, P2 from cable needle

1/2 LPC (CC): slip 1 st onto cable needle, hold in front, P2, K1 from cable needle

1/3 RPC (CC): slip 3 sts onto cable needle, hold in back, K1, P3 from cable needle

1/3 LPC (CC): slip 1 st onto cable needle, hold in front, P3, K1 from cable needle

Chain St: After setting up the chain stitch using a Kfb (as noted in the chart), Pinch and drop both stitches. Cross the first stitch made over the second, slip the first stitch to the left needle and the second stitch to the right needle. To work a chain stitch, * bring right needle behind the first stitch on the left needle and knit into the second stitch, pull new stitch back around the first stitch, then knit the first stitch on the left needle, pulling both over the right needle, essentially working a 1/1 LC. Slip the first stitch on the right needle to the left needle, repeat from * until every chain stitch is complete. To end the chain work the K2tog indicated in the chart.

Techniques, Special Stitches

Chain Stitch: This is where I learned it!

(<https://www.instantsdelouise.fr/en/portfolio/knitted-chain-stitch/>)

MAIN STITCH PATTERN (MSP)

Rnd 1 (MC): * P2, K1, P1 *

Rnd 2 (CC): * P2, Sl1wyib, P1 *

Rnd 3 (MC): * K1, P1 *

Rnd 4 (CC): * Sl1wyib, P3 *

Rnd 5 (MC): * K1, P3 *

Rnd 6 (CC): * Sl1wyib, P3 *

Rnd 7 (MC): * K1, P1 *

Rnd 8 (CC): * P2, Sl1wyib, P1 *

INSTRUCTIONS

Using MC and circular needle, cable cast-on 140 (160, 180) sts. Join in the round and place BOR marker, being careful not to twist.

Work 2x2 Slipped Stitch Ribbing

Rnd 1 (MC): * P2, K2 *

Rnd 2 (CC): * P2, Sl2wyib *

Repeat Rnds 1 & 2 5 more times.

BEGIN COWL BODY

Body Establishing Rnd (MC): Work 4 stitch repeat of Rnd 1 of Main Stitch Pattern (MSP) 10(13,15) times, place marker (Chart Marker 1), Work Row 1 of Chart 1, place marker (Chart Marker 2), Work 4-stitch repeat of Rnd 1 of MSP 10(12,15) times to BOR marker.
Rnd 2 (CC): Work Rnd 2 of MSP to Chart Marker 1, Work Row 2 of Chart, Slip Chart Marker 2, Work Rnd 2 of MSP to BOR marker.

Rnd 3 and all continuing Rnds: Work the main stitch pattern repeats in the sections denoted before and after the chart, repeating rnds 1-8 as you work through the chart and alternate between MC and CC every row.

Note for Rnd 43 and 59:

You will slip many stitches in a row and thus leave a long float behind these stitches, bundle some of the float up and ensure its slack when you begin knitting again. When you go to weave in your ends, you will cut this float in half, and weave it into the Wrong Side of the gem panel.

Work the following 2x2 Ribbing

Rnd 1 (MC): *K2, P2 *

Rnd 2 (CC): *Sl2 wyib, P2 *

Repeat Rnds 1 & 2 5 more times.

BO all sts in K2, P2 pattern using MC.






















FINISHING

Break MC and CC, leaving 8" tails.

Using a tapestry needle, secure the joining of the rnd on the CO and BO edges. Weave in all ends. Cut large floats made when slipping stitches before each chain-stitch row, and weave into WS to close any gaps made where they connect into the main fabric.

Wet Block to measurements.

CHART LEGEND

	P in CC
	P in MC
	Slwyib MC
	Slwyib CC
	1/2 RPC (CC)
	1/2 LPC (CC)
	K in MC
	K in CC
	KPK in CC
	P2tog (MC)
	No Stitch
	1/1 RPC (CC)
	1/1 LPC (CC)
	1/1 LC (CC)
	1/1 RC (CC)
	K3tog (CC)
	1/3 RPC (CC)
	1/3 LPC (CC)
	Chain St
	Kfb
	K2tog

